

- Consultant, Trainer, Agile & Systemic Coach
- Single, living in Munich
- Lives a conscious live - practicing Yoga and Ayurveda and being outdoors



„Be the change you want to see in the world“ is my guiding motto

Unfolding potentials by enabling organizations, teams and individuals is my passion: Appreciative of the status quo - at the same time yearning to improve and move on.

I stand for

- an empathic, open-minded and professional way of working
- a systemic-integrative and wholistic approach
- trustworthiness and reliability .

Consulting Areas and Formats

- Organizational consulting: Design and implementation of change interventions, projects and large transformation programs with a complex change architecture
- Change Project Management: Designing the set-up of project management (classical and SCRUM), executing projects and running the PMO. In the roles as project lead, advisor and/ or agile coach
- Development: Organizational, team and leadership development focusing on collaboration and enablement
- Training & facilitation: Design and implementation of trainings, workshops and seminars to convey both management and personal skills
- Coaching: Coaching of teams and individuals (leadership, project leaders)

Professional Background

- Degree in Business Administration (Diplom-Kauffrau), WHU Koblenz
- Profound consulting experience as strategic consultant (BCG) and organizational consultant / change expert (innogy consulting)
- International management career with Sony / Sony Ericsson – taking on leading Marketing & Business Development roles world-wide
- Entrepreneur founding and running an Online Gaming Start-Up
- Self-employed as Consultant and Coach since 2014
- Licensed as Systemic-Integrative Coach, Organizational Consultant, Trainer, Scrum Master & Agile Coach, Systemic organisational constellations
- Working languages German, English